

Heather Macnab is a singer, pianist and speech artist living near Maple Creek Saskatchewan and she's thrilled to be a part of Fill Your Cup! She has a Diploma in Agriculture from the U of S (which is probably not relevant here) and a surprising number of ARCTs in the disciplines already mentioned.

For 20 seasons, Heather directed (and often accompanied) a musical with local youth doing shows such as *Pirates of Penzance*, *Seussical*, *The Music Man*, and *Les Miserables (School Edition)*. For many years she hosted, organized, coached, sang in and accompanied an annual musical theatre gala with solo, duet and ensemble performances.

Heather has played the roles of Shirley Valentine in the one-woman play of the same name; Mrs. Tottenham in *The Drowsy Chaperone*, and Mother Abbess in *The Sound of Music*. She has sung with Calgary Opera Chorus for many seasons, and in chorus for RSO and SSO. A great source of joy is performing in recital with her adult children.

But mostly, she has been a private teacher of piano and singing and speech arts for many decades. So many.

She has experience working with large groups of kids through her decades of being a volunteer camp director, decades of being a musical director, and more recently with going into classrooms as a Speech Arts clinician for the SMFA in schools from Meadow Lake to Estevan and many places in between. Heather's favourite thing when working with a group of kids is to find that sweet spot that looks like chaos to others but is actually a place of joyful creativity.